



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

214-200 Main St. • Winnipeg, MB R3C 4M2 • Tel: 204-925-5743 • Fax: 204-925-5792 • athleticsmb@shaw.ca • www.athleticsmanitoba.com

2007 OUTDOOR GRAND PRIX SERIES

- Events in **Bold and Underlined** are the Provincial Championships & WCSG Selection.
- Schedules for the meet will be posted the next work day following the entry deadline. Evening meets usually start at 6pm and Saturday meets usually start at 9am, with check-in one hour prior. All meets are at University Stadium at the University of Manitoba.
- Participants **MUST** be an individual member or school member of Athletics Manitoba. Day memberships are available.
- For schedules, Hy-Tek Entry Files and entry lists, please go to www.athleticsmanitoba.com – Track & Field – Events
- All meets are run as Open events, with athletes seeded according to submitted Seed Performance. If no Seed Performance is submitted, athletes will be placed in the slower sections. Seed performances should be from the previous outdoor or indoor season to provide the best competition.
- All track events are timed finals, except with Provincial Championships where finals are warranted. Field events will have six rounds, except where competition needs to be limited for time and at Provincial Championships where preliminary and final rounds may be held.
- Out of Province athletes that compete at the Provincial Championships can qualify for the final, but will be run as exhibition.
- **MHSAA**: school athletes wanting to use performances for qualification must compete for their school, their coach must be present, and the athlete must ENTER THE CORRECT EVENT - Special MHSAA hurdle and throws events will be run.
- **Hershey**: Hershey events are free, however, the Hershey events will not count towards the Grand Prix Series Points, unless the athlete pays for the event. Hershey events are for specific age groups, as indicated below.

<p>GP #1: TUESDAY, MAY 8 Clubs: SATT & WOA <u>Entry Deadline May 4</u> 10,000m (5:30pm start) Sprint Hurdles MHSAA Hurdles 200m (Hershey 1993-98) 800m (Hershey (1993-96) 3000m 4x400m Standing LJ (Hershey: 1993-98) Triple Jump High Jump Javelin & MHSAA Javelin Ball Throw (Hershey 1993-98) Discus & MHSAA Discus</p>	<p>GP #2: FRIDAY, MAY 25 Clubs: FM & SATT <u>Entry Deadline May 21</u> Decathlon - Heptathlon Int. Hurdles 50m (Hershey 1997-98) 100m (Hershey 1993-96) 400m (Hershey 1995-98) 1500m Steeplechase 4x100m (Hershey 1993-98) Standing LJ (Hershey 1993-98) Long Jump High Jump Shot Put & MHSAA Shot Put Hammer</p>	<p>GP #3: SATURDAY, MAY 26 Clubs: BTF & WOA <u>Entry Deadline May 21</u> Decathlon - Heptathlon Sprint Hurdles MHSAA Hurdles 200m (Hershey 1993-98) 800m (Hershey 1993-96) 1600m (Hershey 1993-94) 5000m Medley Relays Standing LJ (Hershey 1993-98) Triple Jump Pole Vault Javelin & MHSAA Javelin Ball Throw (Hershey 1993-98) Discus & MHSAA Javelin</p>	<p>GP #4: TUESDAY, JUNE 5 Clubs: BTF & FM <u>Entry Deadline June 1</u> Int. Hurdles 100m 400m 1500m Steeplechase Long Jump Pole Vault Shot Put & MHSAA Shot Put Hammer</p>
<p>GP #5: THURSDAY, JUNE 28 Clubs: BTF & SATT <u>Entry Deadline June 25</u> Sprint Hurdles 200m 800m 3000m / 5000m Steeplechase Standing Long Jump Triple Jump High Jump Javelin Discus</p>	<p>GP #6 & #7: FRIDAY & SATURDAY, JULY 6 & 7 MANITOBA PROVINCIAL CHAMPIONSHIPS Friday Clubs: CLR / FM / SATT Saturday Clubs: SATT & WOA <u>Entry Deadline July 3</u> Sprint Hurdles <u>Int. Hurdles</u> 100m 200m 400m 800m 1500m 3000m 4x100m 4x400m Standing Long Jump Long Jump Triple Jump High Jump Pole Vault Shot Put Discus Javelin Ball Throw Hammer</p>		<p>GP #8: TUESDAY, JULY 31 Clubs: BTF & WOA <u>Entry Deadline July 27</u> Int. Hurdles 100m 400m 1500m Steeplechase 3000m / 5000m 4x100m 4x400m Long Jump Pole Vault Shot Put Hammer</p>

2007 Grand Prix Series Points

Prize: \$100.00 credit with Athletics Manitoba for one male and one female athlete in each age category (Pee Wee – Masters.)

Eligibility: Athletes must be individual track & field members of Athletics Manitoba.

Qualifying: Athletes must compete in 4 out of 8 Grand Prix Meets. Relays do not count. The athlete's single best performance for the day will be used for scoring.

Points: **New for 2007!** Points will be determined by the percentage of the 2006 Manitoba Record the athlete's performance was in that event. Records = 1000 points. The Pee Wee and Bantam standard will be determined by the Best Performances over the last three years. Hand times will be converted.

i.e.: the Junior Women's 200m record in 23.45, and an athlete runs 25.99 = 90.23% = 902 points or an athlete runs faster than the record in 23.21 = 101.03% = 1010 points. The Juvenile Men's Triple Jump record is 13.60m and an athlete jumps 13.05 = 95.96% = 960 points.

Results: Scores will be posted on the www.athleticsmanitoba.com website on the Track & Field Event calendar following the meet.



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2007 OUTDOOR GRAND PRIX SERIES ENTRY FORM

School / Club: _____ Phone: _____ Fax: _____

Coach: _____ Phone: _____ Fax: _____

Email: _____

Hotmail accounts have restrictions and may not receive all documents.

NOTE:

- You must be a member of Athletics Manitoba to compete (individual or school)
- Entry fees are \$4.00 per event with Hy-Tek, \$5.00 per event with Paper (fax or mail only,) Late entries are \$8.00 per event. Hershey only qualifying events are free, but will not count towards Grand Prix Series points.
- Please indicate which meet you are entering, and which entries are for Hershey only (Open entry automatically includes Hershey qualification)
- For the Hy-Tek Meet Manager file go to www.athleticsmanitoba.com - Track & Field - Events
- Any questions, please contact Diana Stevens at 925-5744
 - a. Drop-Off AT Athletics Manitoba – 214-200 Main Street
 - b. Fax to: Athletics Manitoba - 925-5792
 - c. Email: entries_athleticsmb@shaw.ca

Which Meet (photocopy form as needed)?						Entry Fees	No. of Entries	\$ Per Entry	Total
GP #1 May 8	GP #2 & #3 May 25&26	GP #4 June 5	GP #5 June 28	GP #6 & #7 July 6& 7	GP #8 July 31	Paper Entry Hershey Events		\$5.00 \$0.00	

Name	Year of Birth	M/ F	Event	Her she y	Seed Performance	Event	Her she y	Seed Performance

Athletics Manitoba reserves the right to cancel any Grand Prix meet 48 hours in advance if less than 25 athletes have registered by the Entry Deadline.



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