



NOTICE TO COACHES

Please read before entering your athletes.

****If an athlete does not want to compete for selection in a WCSG Final event, they must let us know prior to the event start.**

Throwing Events

- In each age group, athletes will be allowed 3 preliminary throws, with the top 8 receiving three more throws.
- **There will be a SEPARATE WCSG event; eligible athletes must enter for team selection.**

Jumping Events

- In each age group, athletes will be allowed 3 preliminary attempts, with the top 8 receiving three more jumps.
- There will not be separate WCSG events.

100m/110m Hurdles

- In each age group, the event will be run as a timed final.
- **There will be a SEPARATE WCSG / Senior combined race, that eligible athletes must enter for selection, or for senior athletes to run a second time.**

100m & 200m

- In each age group, there will be heats and finals. If there are 8 athletes or less in an age group, it will be run as a timed final. The exception will be senior athletes for which there will be a Final race (if desired.)
- There will be a separate WCSG Final. The top eight times from WCSG eligible athletes will be automatically selected for the final from the times in the heats. **Athletes MUST run in their age group heat to qualify for this race.** This will not require a second entry.

400m

- In each age group, there will be a timed final.
- There will be a WCSG Final. The top eight times from WCSG eligible athletes will be automatically selected for the final from the times in the age group event. **Athletes MUST run in their age group event to qualify for this race.** This will not require a second entry.

800m & longer

- These will be run as combined age group sections, with the age group championship and the WCSG selection decided by time. **Accurate** Seed times from performances in **2007** must be provided. Every effort will be made to put all WCSG athletes in the same section.