ATHLETICS MANITOBA TRACK ATTACK #4

Schedule

Monday, March 19, 2007 Max Bell Stadium

Please note that we can only access Max Bell at 11:30 am. Please plan arrival times accordingly.

INFIEL	.D	OVAL					
12:00	14 Girls 13 Girls 12 Girls	60m Hurdles 60m Hurdles 60m Hurdles	12:00	14 Boys 4x100 13 Boys 4x100 12 Boys 4x100 14 Girls 4x100)m relay)m relay m relay		
	14 Boys 13 Boys 12 Boys	60m Hurdles 60m Hurdles 60m Hurdles		13 Girls 4x100m relay 12 Girls 4x100m relay			
* Start to first hurdle 12m; 7.5 m between hurdles Hurdle Height: 30" for all except for 14 year old boys (33")				14 Boys 13 Boys 12 Boys	800m 800m 800m		
-				14 Girls 13 Girls 12 Girls	800m 800m 800m		
OUTSIDE PIT			12 Boys	200m 200m			
12:00	12 Girls 13 Girls 14 Girls	TJ TJ TJ		13 Boys 14 Boys	200m		
INFIELD PIT			12 Girls 13 Girls	200m 200m			
12:00	14 Boys 13 Boys 12 Boys	TJ TJ TJ		14 Girls	200m		
High Jump#1- following 60m							
	14 Boys 13 Boys 12 Boys						
High J	14 Girls 13 Girls 12 Girls						

NOTES

- All track events are timed finals (including hurdles).
- Athletes competing in the hurdles and high jump must be proficient in these events, please ensure that proper training and minimum standards have been met.
- There will be only 2 attempts per height in High Jump.
- There will be only 2 attempts per athlete in Triple Jump.