# ATHLETICS MANITOBA TRACK ATTACK \#4 

Schedule

Monday, March 19, 2007

Max Bell Stadium

Please note that we can only access Max Bell at 11:30 am. Please plan arrival times
accordingly.

| INFIELD |  |  | OVAL |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 12:00 | 14 Girls | 60m Hurdles | 12:00 | 14 Boys $4 \times 100 \mathrm{~m}$ relay |  |
|  | 13 Girls | 60 m Hurdles |  | 13 Boys | m relay |
|  | 12 Girls | 60m Hurdles |  | 12 Boys $4 \times 100 \mathrm{~m}$ relay |  |
|  |  |  |  | 14 Girls $4 \times 100 \mathrm{~m}$ relay |  |
|  | 14 Boys | 60m Hurdles |  | 13 Girls $4 \times 100 \mathrm{~m}$ relay |  |
|  | 13 Boys | 60m Hurdles |  | 12 Girls $4 \times 100 \mathrm{~m}$ relay |  |
|  | 12 Boys | 60m Hurdles |  |  |  |
|  |  |  |  | 14 Boys | 800 m |
| * Start to first hurdle 12m; 7.5 m between hurdles |  |  |  | 13 Boys | 800 m |
| Hurdle Height: 30 " for all except for 14 year old boys (33") |  |  |  | 12 Boys | 800 m |
|  |  |  |  | 14 Girls | 800m |
|  |  |  |  | 13 Girls | 800 m |
|  |  |  |  | 12 Girls | 800 m |
| OUTSIDE PIT |  |  |  | 12 Boys | 200 m |
| 12:00 | 12 Girls | TJ |  | 13 Boys | 200 m |
|  | 13 Girls | TJ |  | 14 Boys | 200 m |
|  | 14 Girls | TJ |  |  |  |
|  |  |  |  | 12 Girls | 200m |
| INFIELD PIT |  |  |  | 13 Girls | 200m |
| 12:00 | 14 Boys | TJ |  | 14 Girls | 200m |
|  | 13 Boys | TJ |  |  |  |
|  | 12 Boys | TJ |  |  |  |

High Jump\#1- following 60m
14 Boys
13 Boys
12 Boys
High Jump \#2
14 Girls
13 Girls
12 Girls

## NOTES

- All track events are timed finals (including hurdles).
- Athletes competing in the hurdles and high jump must be proficient in these events, please ensure that proper training and minimum standards have been met.
- There will be only 2 attempts per height in High Jump.
- There will be only 2 attempts per athlete in Triple Jump.

