

2006 ATHLETICS MANITOBA OUTDOOR TRACK & FIELD CHAMPIONSHIPS

The Athletics Manitoba Outdoor Track & Field Championship is the sanctioned Age Class Championships for the province of Manitoba. These Championships are used to select Senior - Midget athletes to Provincial Team Programs. The 2006 Championship meet is a selection meet for the 2007 Western Canada Summer Games prep squad and the 2006 Juvenile Provincial Team that will compete in a dual meet against Saskatchewan. The 2006 Championships are considered Grand Prix #5 and #6 and athletes will earn points accordingly.

Athletes who compete must be an individual member or a school member of Athletics Manitoba.

Entry Fees: \$5.00 per event / \$1.00 discount for entering using Hy-Tek Team Manager. Please check <u>www.athleticsmanitoba.com</u> for the Hy-Tek meet entry file. Late Fees: \$3.00 per event (\$8.00 total)

Entry Deadline: Monday, June 19th

Please submit seed times with entry.

Events:

Saturday, June 24 (GP#5)	100m / 110m Sprint Hurdles, 100m, 400m, 1500m, Steeplechase, 4x100m relay, LJ, Pole Vault, Shot Put, Hammer, Multiple Events Day 1
Sunday, June 25 (GP#6)	Intermediate Hurdles, 200m, 800m, 3000m, 5000m, 4x400 m relay, TJ, HJ, Discus, Javelin, Pee Wee Ball Throw, Multiple Events Day 2

Athletics Manitoba Age Categories

Age Group	Year of Birth
Pee Wee	1995 + later
Bantam	1993, 1994
Midget	1991, 1992
Juvenile	1989, 1990
Junior	1987, 1988
Senior	1986 + earlier
Masters	1966 + earlier

THEFTICS TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY

2006 Technical Specifications										
			ntam Age Categories.							
	e offered in the Pee	· · ·								
			pete in the older age ca		-					
In athlete that competes in two different age categories in one event must declare only one of those age ategories for medalling prior to the event. The other event will be considered exhibition. Not IAAF Specifications										
	<u> </u>									
Nomen's Outdoo			0.700 (0.011)	40						
Bantam	80 metres	8	0.762 metres (30")	12 metres	7.0 metres					
Midget	80 metres	8	0.762 metres (30")	12 metres	8.0 metres					
Juvenile	100 metres	10	0.762 metres (30")	13 metres	8.5 metres					
Junior	100 metres	10	0.840 metres (33")	13 metres	8.5 metres					
Senior	100 metres	10	0.840 metres (33")	13 metres	8.5 metres					
Midget	300 metres	7	0.762 metres (30")	50 metres	35 metres					
Juvenile	400 metres	10	0.762 metres (30")	45 metres	35 metres					
Junior	400 metres	10	0.762 metres (30")	45 metres	35 metres					
Senior	400 metres	10	0.762 metres (30")	45 metres	35 metres					
Men's Outdoor Hu	urdloo		1	1						
Bantam		8	0.762 metres (30")	12 metres	7.5 metres					
	80 metres 100 metres	10	0.762 metres (30")	13 metres	8.5 metres					
Midget Juvenile	110 metres	10	0.914 metres (36")	13.72 metres	9.14 metres					
Junior	110 metres	10	0.914 metres (30")	13.72 metres	9.14 metres					
Senior	110 metres	10	1.067 metres (42")	13.72 metres	9.14 metres					
Midget	300 metres	7	0.762 metres (30")	50 metres	35 metres					
Juvenile	400 metres	10	0.840 metres (33")	45 metres	35 metres					
Junior	400 metres	10	0.914 metres (35")	45 metres	35 metres					
Senior	400 metres	10	0.914 metres (36")	45 metres	35 metres					
Ochio	400 metres	10		40 11101 03	55 metres					
Nomen's Outdoo	r Throws Events									
Age Class	Shot Put	Discus	Javelin	Hammer						
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Pee Wee	2.73 kg	750 g	Ball Throw	_						
Bantam	2.73 kg	750 g	600 g	-						
Midget	4 kg	1kg	600 g	3 kg						
Juvenile	4 kg	1kg	600 g	4 kg						
Junior	4 kg	1kg	600 g	4 kg						
Senior	4 kg	1kg	600 g	4 kg						
		··3								
Men's Outdoor Th	nrows Events		·							
Age Class	Shot Put	Discus	Javelin	Hammer						
č										
Pee Wee	2.73 kg	750 g	Ball Throw	-						
Bantam	2.73 kg	750 g	600 g	-						
Midget	4 kg	1.0 kg	600 g	3 kg						
Juvenile	5 kg	1.5 kg	700 g	5 kg						
Junior	6 kg	1.75 kg	800 g	6 kg						
Senior	7.26 kg	2 kg	800 g	7.26 kg						



2006 ATHLETICS MANITOBA **OUTDOOR TRACK & FIELD CHAMPIONSHIPS ENTRY FORM**

NOTE:

- 1. Entry fees are \$5.00 per event (\$4.00 per event if submitted in Hy-Tek Team Manager).
- 2. The dates in **bold** are the entry deadlines. Late entries will be assessed an additional \$3.00 late entry fee per event.
- 3. Seed times <u>must</u> be submitted for heat / round selection and athletes without seeds will be randomly placed.
- 4. The Provincial Finals, June 25th and 26th will be run as an Age Class Championship.
- 5. You must be a member of Athletics Manitoba to compete. A day membership is \$5.00.

School/Club: Phone: Fax:

Coach: Phone: Fax:

Email:
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Hotmail accounts have restrictions and may not receive all documents

Birth		Seed Performance	Event	Seed Performance
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of Events _____ x \$5.00 = \$_____

Mail / Fax to: Athletics Manitoba 200 Main Street Winnipeg, MB R3C 4M2

Submitted in Hy-Tek Team Manager program by June 20th, 2005: # of Events _____ x \$4.00 = \$_____

Any questions please call Diana Stevens, Program Manager, at 925-5744