

MALE THROWS NOMINEES

Sheldin Howard

- “ High School Provincial Champion in Varsity Discus (44.10m) and Silver medalist in Varsity Shot Put (14.00m)
- “ Silver medalist at Tri-Province in Shot Put (11.85m) and 4th in Discus (33.58m)
- “ Silver medalist at Western Canada Summer Games in Discus (38.61m) and Bronze medalist in Shot Put (12.20m)

Russell Outhwaite

- “ Silver medalist at High School Provincials in Junior Varsity Discus (37.31m)
- “ Outdoor Age Class Provincials in U16 Discus (44.13m), Silver medalist in U16 Hammer (26.02m) and 4th in U16 Shot Put (10.70m)
- “ Gold medalist at Tri-Province in U16 Discus (49.93m) and Bronze medalist in U16 Shot Put (12.33m)

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Dylan Barnych

- “ Silver medalist at Boeing Provincial Indoor Age Class Championships in U16 Shot Put (12.01m)
- “ Gold medalist at Outdoor Age Class Provincials in U16 Hammer with a Provincial record (47.64m), Silver medalist in U16 Shot Put (11.25m) and Bronze medalist in both U16 Discus (35.61m) and U16 Javelin (18.65m)
- “ Gold medalist at Tri-Province in U16 Hammer (45.87m)
- “ 7th place at Legion Nationals in Hammer (46.52m)
- “ Gold medalist at Jr High Provincials in Discus (35.83m) and Bronze medalist in Shot Put (10.91m)

Kyle Novak

- “ Silver medalist at Indoor High School Championship in Shot Put (13.77m)
- “ High School Provincial Champion in JV Discus with a Meet record (42.72m) and Bronze medalist in Shot Put (13.93m)
- “ Provincial Age Class Champion in the Discus (40.28m) and Silver medalist in Shot Put (12.22m)
- “ Silver medalist at Tri-Province in Discus (44.75m), 6th in Shot Put (12.07m) and 8th in Javelin (41.15m)
- “ PB at Summer Jam #3 in U18 Discus (45.91m)