



2018 Athletics Manitoba

NOMINEES

ANNUAL AWARDS GALA

FEMALE JUNIOR
ATHLETE
OF THE YEAR

ERIN VALGARDSON

BRIANNA TYNES

KEARA ANDREW

FEMALE JUNIOR ATHLETE OF THE YEAR (1 OF 2)

THIS AGE CATEGORY AWARD IS GIVEN TO THE ATHLETE WHO
HAS SHOWN OVERALL OUTSTANDING PERFORMANCES
DURING THE INDOOR AND OUTDOOR SEASON

Nominee Achievements

Erin Valgardson

MHSAA 2017 Cross-Country Varsity Female
Champion

2017 Age Class Provincial Cross-Country
Champion

26th place finish at the 2017 AC XC National
Championships

Boeing Indoor Provincial Champion

1500m 4:49.57

Silver medalist in the 800m 2:19.08

Indoor High School Provincial Champion

800m 2:19.04

1500m 5:07.51

MHSAA Outdoor Provincial Champion

1500m 4:49.82

3000m 10:52.57

Outdoor Age Class Provincial Champion

1500m 4:40.05

6th Place finish at Canadian Junior Nationals
in the 1500m 4:50.44

Keara Andrew

Threw an Indoor Personal Best in
the Shot Put 12.29m

Canada West Championship Finalist

Shot Put 11.09m

Weight Throw 13.31m

Member of the University of Manitoba

U Sport National Championship

Team finishing 12th place in Shot Put 11.47m

Outdoor Age Class Provincial Champion

Shot Put 10.07m

Hammer 38.81m

Discus 34.41m

Brianna Tynes

Ranked #3 in the Province with a
personal best performance in the 60m 7.81

Member of the University of Manitoba
Canada West Championship Team

Outdoor Provincial Age Class Champion

100m 12.59

200m 25.72

Set a Personal Best in the 100m Prelims
at Canadian Junior Nationals 12.40

Set a slightly wind-aided seasonal best
in the 200m Qualifiers at Canadian Junior
Nationals 25.49



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VICTORIA TACHINSKI

KIRSTEN HURDAL

ENIOLA ADEPOJU

FEMALE JUNIOR ATHLETE OF THE YEAR (2 OF 2)

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Nominee Achievements

Victoria Tachinski

First place at Skyes & Sabock, Penn State,
with a season best time in the 400m 56.32

3rd place at the NCAA D1-Indoor
Track Classic, with a season best
time in the 600m 1:30.65

Placed 33rd at the NCAA Outdoor
East Prelims in the 800m 2:07.66

Outdoor Age Class Provincial Champion
400m 56.17

Eniola Adepoju

Boeing Indoor Provincial Silver medalist
Triple Jump 10.42m
Bronze in Long Jump 4.75m

Indoor High School Provincial Silver
Medalist in Triple Jump 10.60m

MHSAA Provincial Outdoor Silver
Medalist in Triple Jump 11.04m
Bronze medalist in Long Jump 4.80m

Outdoor Age Class Provincial Champion
Triple Jump 10.40m
Silver medalist in Long Jump 4.85m

8th Place at Canadian Junior Nationals
in the Triple Jump, while setting a
personal best 11.34m

Kirsten Hurdal

Boeing Indoor Provincial Champion
Long Jump 5.20m

Member of the Canada West Championship Team

Finalist at Bison Classic in the
Long Jump 5.19m

Outdoor Provincial Age Class Champion
Long Jump 5.27m
Silver medalist in the Triple Jump 10.25m

Set a Personal Best in Long Jump, while
placing 2nd in the Qualifiers at Canadian
Junior Nationals 5.42m