



2018 Athletics Manitoba

NOMINEES

ANNUAL AWARDS GALA

FEMALE JUMPS
ATHLETE
OF THE YEAR

LARA DENBOW

DEBRA ADEKAYODE

SASANIE WANIGASEKARA

KIRA KIRZINGER-KOSOLOFSKI

FEMALE JUMPS ATHLETE OF THE YEAR

THIS EVENT GROUP AWARD IS GIVEN TO THE ATHLETE
WHO HAS SHOWN OUTSTANDING PERFORMANCES
DURING THE SEASON IN JUMPS

Nominee Achievements

Lara Denbow

Silver Medalist in the 300m at the Boeing Indoor Provincial Championships	43.33
First place at WOA Winter Open; High Jump Indoor Provincial Record	1.70m
MHSAA Outdoor Provincial Champion High Jump	1.65m
Silver medalist in the 400m	59.24
Outdoor Age Class Provincial Champion 300m	42.42
High Jump	1.65m
Gold Medal at Tri-Province in High Jump	1.66m
Legion National Champion in the High Jump	1.70m
Finalist in the 300m	43.33

Kira Kirzinger-Kosolofski

High School Provincial Indoor Champion 60mH	9.71
Long Jump	5.37m
MHSAA Provincial Outdoor Champion 100mH	16.00
Long Jump	5.69m (NWI)
Outdoor Provincial Age Class Champion 100mH	15.68
400mH	1:08.38
Long Jump	5.37m
Tri-Prov Silver medalist in the 100mH & Bronze medalist in the Long Jump	15.52 5.33m
Legion National Bronze medalist Long Jump	14.67
4th in the 400mH	1:03.92
New Provincial Record in the 100mH	15.09

Deborah Adekayode

Boeing Indoor Provincial Champion 60m	7.98
Long Jump	5.34m
Outdoor Age Class Provincial Champion 100m	12.70
200m	26.60
Long Jump (Provincial Record)	5.43m
Silver medalist in the 100m at Tri-Province	12.71
4th in Long Jump	5.20m
Set a Provincial Record in the 4x100m at Tri-Province	48.98
Bronze Medalist at Legion Nationals in the Long Jump	5.37m

Sasanie Wanigasekara

Bronze medalist at the Canada West Championships in Triple Jump	11.76m
Fourth place finish at the Canada West Championships in Long Jump	5.47m
Seventh place finish at USport Championships in both Long Jump and Triple Jump	5.66m 11.69m
Age Class Provincial Champion in Triple Jump and Long Jump	11.57m 5.44m
Eighth place finish in both Long Jump and Triple Jump at the Canadian National Championships	5.57m 11.64m