



2018 Athletics Manitoba

NOMINEES

ANNUAL AWARDS GALA

MALE DISTANCE
ATHLETE
OF THE YEAR

SIMON BERUBE

JOSH SAMYN

SAM VINCENT

TRISTAN ALLEN

MALE DISTANCE ATHLETE OF THE YEAR

THIS EVENT GROUP AWARD IS GIVEN TO THE ATHLETE
WHO HAS SHOWN OUTSTANDING PERFORMANCES
DURING THE SEASON IN DISTANCE RUNNING

Nominee Achievements

Simon Berube

Member of the Univeristy of Manitoba
4th place finishing 4x800m relay team at
U Sports National Championships

Member of the University of Manitoba Bronze
medal winning 4x400m relay team at
U Sports National Championships

6th place at Canada West in the 600m,
running a seasonal best 1:21.35

Member of the University of Manitoba silver
Medal winning 4x400m & 4x800m relay
teams at Canada West Championships

Outdoor Age Class Silver medalist
in the 800m 1:52.97

Seasonal best in the 800m at the Hamilton
800m night 1:51.36

Advanced to the 800m preliminaries at
Canadian Senior Nationals

Josh Samyn

MHSAA Cross-Country Varsity Boys Provincial
Bronze medalist

Boeing Indoor Provincial Champion
800m 1:56.66
Silver medalist in the 400m 51.82

Indoor High School Provincial Champion
1500m 4:29.85

MHSAA Outdoor High School Provincial Champion
800m 1:55.37

Outdoor Age Class Provincial Champion
800m 1:53.81
Bronze medalist in the 400m 50.98

Finished first in the 800m Qualifying
Round at Canadian Junior Nationals 1:55.22

Sam Vincent

Outdoor Age Class Provincial Bronze medalist
800m 1:54.19

Third place in the 1500m at the 21st 3:44.17
Goldendensporenmeeting in Kortrijk, Belgium

5th place in the 1500m at the Liège Meeting
Internationale de la Province de Liège
in Belgium 3:47.15

First place in the 5000m at the Music
City Dance Festival, Nashville 13:55.31

First place in the 5000m at the Ninove Memorial
Geert Rasschaert in Belgium 13:55.85

Third place in the 5000m at the NACHT
van de Atletiek in Heusden, Belgium.
Achieving a personal best & ranking him
6th in the country 13:50.02

Tristan Allen

4th place at Canada West Championships
in the 600m 1:20.47

Member of the University of Manitoba silver
Medal winning 4x400m & 4x800m relay
teams at Canada West Championships

Member of the University of Manitoba U Sports
Championship team, running the 600m 1:20.66

Member of the Univeristy of Manitoba
4th place finishing 4x800m relay team at
U Sports National Championships

Member of the University of Manitoba Bronze
medal winning 4x400m relay team at
U Sports National Championships

Outdoor Age Class Provincial Champion
800m 1:52.68

Ran a seasonal best in the 800m at
Canadian Senior Nationals 1:51.42